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GIGNUL MASENYGUN

CANADA DAY



On July 1, join Ottawa - Gatineau Celebrate Canada's birthday!

As Canadians from across the country flock to the Capital to show their national pride. The festivities take place on Parliament Hill, in downtown parks and on the streets. Witness the ceremonies, take in the musical talent from across the country, see the fireworks and much more!!

Parliament Hill draws thousands of Canadians dressed in red and white. The Canada Day festivities on the Hill run from the

morning to night - ceremonial events, shows, activities, fireworks and much more!

Major's Hill Park: Join the fun as we celebrate Canadian culture at Major's Hill Park. The festivities at Major's Hill Park feature a variety of cultural performances, displays and exhibits. You can be both spectator and participant - there are lots of activities to suit everyone.

Canadian Museum of History: Take your kids to the Canadian Museum of History on July 1! You'll find

a variety of activities for families. The Canada Day fun includes outdoor and indoor activities: exhibits, games, performances, inflatable structures, and more!

The Canadian Museum of History is located in Gatineau. A free shuttle bus connects this site to Major's Hill Park, in Ottawa.

Elsewhere in the Capital: All day long, there will be free activities for revelers of all ages at most of the Capital Region's national museums and institutions. Make the most of them!

HOW TO PREVENT FIRE ACCIDENTS

- Cigarette Smoking:**
 - > Do not throw cigarette butts anywhere
 - > Strictly follow the NO SMOKING signs
 - > Avoid smoking in bed
- Cooking:**
 - > Do not leave cooking pots or pans unattended
 - > Check gas stoves/

- LPG pipes for leaks**
- Electrical Appliances:**
 - > Do not make a wire "octopus" connection
 - > Unplug all electrical appliances when not in use
 - > Check all electrical installations regularly

- Hazardous Materials:**
 - > Do not store hazardous materials
 - > Maintain proper housekeeping

- Flammable Liquids/Lighters/Matches:**
 - > Keep your children away from these items

BE FIRE SAFETY CONSCIOUS

- INSIDE THIS ISSUE**
- Canada Day
 - How To Prevent Fire Accidents
 - Recycling Is Your Responsibility
 - Furnace Room/Laundry Area
 - Grilling Safety Tips
 - Air Conditioners
 - Report An Outage
 - Basic Summer Heat Safety Tips
 - Recipe Of The Month\
 - Pay & Win



RECYCLING IS YOUR RESPONSIBILITY

QUESTION

I live in a small apartment building in Ottawa. There are garbage chutes on each floor, but tenants have to take their recycling to the garbage room or to the green bins outside. I make a couple of trips a day to drop off my recyclables, but some of my neighbours just seem to be throwing everything down the garbage chutes. It seems that they are too lazy to go down a few flights of stairs to take out their recyclables. Is there any way to force the other tenants to recycle?

ANSWER

Landlords are required to ensure that there is reasonable means for tenants to dispose of their residual garbage and recyclables. Tenants are responsible to separate their recyclables from their residual garbage, and to put their waste in the appropriate area.

The Landlord has an obligation to make sure tenants know where to place their recyclables. Your landlord could put up signs in the building reminding everyone to use the

recycling bins and green bins. However, other than opening up disposed garbage bags to try to determine who is failing to recycle, there is little a landlord can do to force tenants from failing to recycle. But there may be ways to increase diversion rates through education.

For buildings with curbside pickup, tenants or homeowners are typically responsible to take their garbage and recyclables to the curb any time after 6:00 p.m. on the evening prior to their collection day or not later than 7:00 a.m. on their collection day. Residual garbage is collected every two weeks. Green bins are collected every week, and recyclables are picked up on alternating weeks (paper in the black box one week, plastics in the blue box the next). To find out their collection day, tenants, landlords or other residents can check at www.Ottawa.ca Select "Residents", then "Garbage and recycling", and then "collection calendar".

Buildings with central garbage rooms provide more convenience for tenants in being able to dispose their garbage and recyclables throughout

the week. But some residents find it difficult to store their recyclables in their unit. Rather than making multiple trips to the garbage room to dispose recyclables, they wrongly throw those items down the garbage chutes.

This past September, in partnership with Progressive Waste Solutions, the City of Ottawa began a program to distribute free recycling Blue Bags to tenants in apartment buildings so they can store and transport recyclables more easily. The Blue Bags is reusable and made from a plasticized material for durability. It can be used to sort and store recyclables until they are taken to the recycling bins for disposal.

Proper use of the green bin and blue and black boxes is everyone's responsibility, and the consequential environmental and financial benefits and burdens are shared by all of Ottawa's residents.

**SOURCE: DICKIE & LYMAN LLP
WHO PRACTICE LANDLORD/
TENANT LAW AND OTHER
AREAS OF LAW**

FURNACE ROOM/LAUNDRY AREA

Tenants are reminded that any common areas of the building are to be kept free of personal belongings; common areas include hallways at front and side entrances, furnace and laundry room.

The area around the furnace must

have a free and clear from footing of 1 meter all around with nothing blocking the area should ever an emergency occur where access may be needed.

Tenants are reminded on a regular basis that personal items must not

obstruct any doorways at any time; nor can personal items accumulate in any common areas of Gignul properties as it is a violation of the Fire Code. In order to escape should ever a fire occur clear and free passage of doorways and stairs must be accessible at all times.

GRILLING SAFETY TIPS

If you are planning on firing up the grill, it's important to keep some safety tips in mind to prevent accidents and injuries.

The leading cause of grill fires include a failure to clean it

BEFORE BARBECUING

☞ Check your grill thoroughly for leaks, cracking or brittleness before using it.

☞ Check the tubes leading to the burner regularly for blockages. Check your specific grill manufacturer's instruction.

☞ Make sure the grill is at least 10 feet away from your house, garage or trees.

☞ Store and use your grill on a large flat surface that cannot burn (i.e. concrete or asphalt).

☞ Don't use grills in a garage, on a porch, deck or on top of anything that can catch fire. Never use a pro-

pane barbecue grill on a balcony, terrace or roof; it is both dangerous and illegal.

☞ Keep children away from fires and grills. It is a good idea to establish a safety zone around the grill and monitor children to remain outside the zone.

☞ Before getting a propane cylinder filled, check for any damages to it.

☞ Never transport or store propane cylinders in the trunk of your automobile.

DURING BARBECUING

☞ Keep children away from the grill.

☞ Don't wear loose clothing that might catch fire.

☞ Use long-handled barbecue tools and/or flame-resistant mitts.

☞ Never use any flammable liquid other than a barbecue starter fluid to start/freshen a fire.

☞ Never pour or squirt starter fluid onto an open flame. The flames can

easily flash back along the fluid's path, too the container in your hands.

☞ Keep alcoholic beverages away from the grill; they are flammable.

☞ Never leave the grill unattended.

IN CASE OF A BARBECUE FIRE

☞ For propane grills - turn off the burners. For charcoal grills - close the grill lid. Disconnect the power to electric grills.

☞ For propane grills - if you can safely reach the tank valve, shut it off.

☞ If the fire involves the tank, leave it alone, evacuate the area and call the fire department.

☞ If there is any type of fire that either threatens your personal safety or endangers property, ALWAYS call the Fire Department.

☞ NEVER attempt to extinguish a grease fire with water. It will only cause the flames to flare up. Use an approved portable fire extinguisher.

AIR CONDITIONERS

Gignul Housing must be informed in writing that a tenant wishes to install an air conditioner prior to installation. All air conditioners must be properly installed and will be subject to a final inspection by Gignul Housing. It is the tenant's responsibility to ensure installation and inspections are confirmed with Gignul prior to the operation of air conditioners.

Tenants are also reminded that air conditioners should be on a separate circuit.

Due to the age of a majority of Gignul properties it is unlikely that there

are dedicated circuits for the operation of air conditions.

Tenants are advised to ensure that air conditioners are plugged into electrical circuits that are not running other equipment, such as refrigerator, coffee makers, toasters and computers. **Service calls related to power outages caused by an air conditioner will subject to a \$50.00 service charge.**

The monthly charge for each air conditioner will be \$25.00. Gignul will issue an invoice at the start of the cooling season. The fee is intended

to assist in covering the additional costs of electricity.

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THE COOLING SEASON IS FROM JUNE 15TH - SEPTEMBER 15TH

Failure to pay the additional air conditioning fee may result in an action being registered with the Ontario Landlord and Tenant Board.

PAY & WIN



Congratulations to

JAMIE FORTIN

For this month's
Pay & Win winner!!

Tenants, in the future please call the office to see if your gift certificate is ready before coming to the office.

Thank you.

REPORT AN OUTAGE

To report a power outage and for information on current outages, please call the 24/7 outage line at 613-738-0188.

Hydro Ottawa relies on customer calls to help pinpoint the cause of an outage and ultimately shorten their response time and the duration of the outage. There are times when they are unaware of outages until helpful customers notify them.

RECIPE OF THE MONTH

Spinach & Bacon Salad in Mason Jar

For the salad

- 4 cups baby spinach leaves
- 1 red onion, diced
- 8 slices bacon, cooked & coarsely chopped
- 4 hard-boiled eggs, chopped
- 2 cups sliced mushrooms
- 4 (quart-size) mason jars

For the dressing

- 1/2 cup mayonnaise
- 2 tbsp sugar
- 2 tbsp vinegar
- 1 tsp salt

Whisk together dressing ingredients in a small bowl or measuring cup until completely combined.

Place a few tablespoons of dressing at the bottom of each jar.

Divide remaining ingredients among the jars, layering in the following order: red onion, egg, mushroom, bacon, spinach. Twist on the top to seal your salads and refrigerate until ready to serve.

Serves 4

BASIC SUMMER HEAT SAFETY TIPS

Everyone should follow these basic heat safety tips in order to avoid the dangers of heat exposure. Keep these suggestions in mind:

⌘ During the hottest hours of the day, stay inside. If possible stay inside an air-conditioned building. The hottest hours of the day are typically from mid morning to mid afternoon.

⌘ Dress lightly, and when sleeping, use lightweight, breathable covers.

⌘ Drink plenty of water and other fluids.

⌘ Avoid drinking alcohol and beverages that are carbonated or contain caffeine when temperatures are high, as they can lead to dehydration.

⌘ Keep blinds and curtains closed from morning until the late afternoon to block extra direct heat from sunlight.

⌘ Move your exercise routine to early morning or later in the evening.

⌘ Never leave a person or a pet in a car in hot conditions while you run to do a quick errand. People and ani-

mals can succumb to heat exposure and death very quickly in a hot car. Cars can become overheated quickly and when overheated become like ovens. It's never safe.

⌘ Properly supervise children during outdoor play, being sure to monitor them closely and frequently.

⌘ Seek medical care right away if you become nauseous, start vomiting or experience cramps.

⌘ Stay on the lowest level of your home.

⌘ Use a fan. Don't place the fan directly in front of a window because it may push hot air in. Try placing the fan so that it blows in the room and out the window instead.

⌘ Use small appliances like slow cookers and tabletop grills rather than your traditional oven or stove to keep kitchen to a minimum.

⌘ Verify that seat belts and car seat restraints are not too hot before buckling yourself or anyone else into a car.