

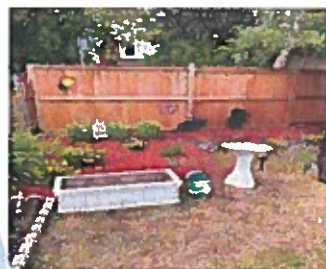
GIGNUL MASENYGUN

GIGNUL HOUSING ACKNOWLEDGES & APPRECIATES



Gignul Housing acknowledges and appreciates the efforts by tenants in maintaining their yards.

Here's an example of one of the properties where a couple of tenants in the same building got together to beautify the yard to enjoy the outdoors.



It certainly has been difficult for everyone during this time of isolation of COVID-19 pandemic so seeing this beauty is refreshing. It has given them a chance to still socialize and work together during this tough time and with that Gignul Housing says "miig wetch" (thank you) for your hard work!



INSIDE THIS ISSUE

- Gignul Housing Acknowledges and Appreciates
- Additional Information About Wearing Masks In Apartments
- Masks
- Coming In Contact With Poison Ivy, Poison Oak, Sumac
- Distancing and Isolating
- Continue To Practice Good Hygiene

INSIDE THIS ISSUE

- Safety Tips
- What To Do If Your Oven Catches Fire
- Community Resources
- Recipe of The Month
- Joke Corner

ADDITIONAL INFORMATION ABOUT WEARING MASKS IN APARTMENTS

QUESTION 1

Last weekend, the Rental Guide stated, "because apartment buildings and condo buildings are not open to the public, they are not considered to be public spaces. Therefore, the mandatory rule from the public health agencies (about wearing masks) does not apply inside apartment buildings." I live in a high-rise apartment building in downtown Ottawa. Non-residents come into the building frequently: Canada Post, UPS, visitors, pizza delivery people, etc. So, in fact, they are open to the public. I think masks should be mandatory for everyone who enters the building. I don't understand why the public health agencies say that apartment buildings are not open to the public, when in fact, they are.

QUESTION 2

I cannot wear a mask because I find it hard to breathe. So I choose not to go anywhere outside my apartment building. Recently my landlord posted a notice asking everyone in the building to wear a mask in all the indoor common areas of the building. Now I'm getting dirty looks from my neighbours when I go on the elevator or walk down the hall to visit my friend's unit. Why can't people leave me alone?

ANSWER

On July 15, to limit the spread of COVID-19, the City of Ottawa enacted a by-law on masks mirroring the guidance from Ottawa Public Health (OPH) that requires everyone who can safely wear a mask to wear one in enclosed public spaces such as retail stores, hotels, restaurants, places of worship and many recreation facilities. That gives the city the ability to enforce the rules in those areas, through fines if need be.

Like OPH, the city takes the view that common areas inside residential condos and apartment buildings are not "enclosed public spaces." Individuals may be invited into the building, but they are not public spaces. In many cases one needs a key to enter the building, or to be buzzed in by a resident.

However, in larger buildings there can be many people who go in and out of the building. As a result, masks ought to be used in common areas.

As masks become commonplace in public spaces, the city expects mask use in shared private spaces will become the norm. Canada Post, delivery people, etc. are required to wear masks in office and retail buildings; we can expect they will be wearing

masks everywhere.

Like OPH, the city recommends that condos and apartment buildings have polices urging everyone who can safely wear a mask to do so in common areas.

The main reason for wearing masks in all common areas is that physical distancing is difficult to maintain in building corridors, elevators, laundry rooms and other areas. Since anyone can be infected with COVID-19 but not realize it, people should protect others by wearing a mask. The OPH website has suggestions about cloth masks and substitutes for masks such as scarves.

However, besides protecting others, people also need to be civil. People who cannot wear a mask (for example, because of breathing issues), may want to politely let people other people know. And you can also help by taking extra steps to remain more than six feet away, to wait for an empty elevator and to use the laundry room when it is not crowded.

BY DICKIE & LYMAN LLP
WHO PRACTICE LANDLORD/
TENANT LAW AND OTHER AREAS
OF LAW

MASKS

If you or your family are in need of a cloth mask and you cannot afford one, the City's

Human Needs Task Force can help!

If you live in Ottawa call 3-1-1

or send email the HNTF@ottawa.ca to find out how to get one.

COMING IN CONTACT WITH POISON IVY, POISON OAK, SUMAC

☞ Teach your children to recognize these toxic plants and avoid coming into contact with them when playing outdoors.

☞ It's the oil from the leaves of these

plants that cause the potential allergic reaction. The simple rule to follow is 'Leaves of three? Let them be.'

☞ Wearing pants and long sleeve shirts can help decrease the amount

of exposed skin.

☞ Try to stay on cleared pathways and avoid bushy, overgrown areas that may contain these plants.

DISTANCING AND ISOLATING

The novel coronavirus primarily spreads through droplets when an infected person coughs or sneezes on another person or object. People don't need to have symptoms to be contagious.

That means **physical distancing measures** such as working from home, meeting others outdoors as much as possible and keeping distance from anyone they don't live with or have in their circle, including when you have a mask on.

Masks are now **mandatory in indoor public settings** in all of eastern On-

tario and Quebec, where transit officials and taxi drivers are now required to bar access to users over age 12 **who refuse to wear a mask.**

Masks are recommended outdoors when you can't stay the proper distance from others.

Anyone who has symptoms or travelled recently outside Canada must self-isolate for at least 14 days.

Anyone waiting for a COVID-19 test result in Ontario must self-isolate at least until they know the result. Quebec asks people waiting to only self-isolate in certain circumstances.

People in both provinces should self-isolate if they've been in contact with someone who's tested positive or is presumed to have COVID-19.

Ontario's Chief Medical Officer of Health strongly urges self-isolation for people with weakened immune systems and Ottawa Public Health (OPH) recommends people over 70 stay home as much as possible.

Top medical officials say people should be prepared for the possibility COVID-19 restrictions last into **2022 or 2023.**

CONTINUE TO PRACTICE GOOD HYGIENE

Wash your hands with soap and water or use hand sanitizer, especially after touching frequently used items or surfaces.

☞ Avoid touching your face

☞ Sneeze or cough into a tissue, or

the inside of your elbow.

☞ Disinfect frequently used items and surfaces as much as possible.

☞ Strongly consider using face coverings while in public, and particularly when using mass transit.

☞ People who feel sick should stay home.

☞ Don't go to work or school.

☞ Contact and follow the advice of your medical provider.

SAFETY TIPS

Doing Electrical Work? Before You Start...To protect your family and home:

Tenants should never undertake any changes to the original wiring includ-

ing repair and replacement of electrical devices. Fuses however may be changed by the tenant.

Check Your Home Regularly For:

Damaged and/or frayed electrical

cords or plug

Extension cords used as permanent wiring, or cords that are missing 3rd prongs

Overloaded electrical outlets

Unsafe electrical products

WHAT TO DO IF YOUR OVEN CATCHES FIRE

Most fires in the home happen in the kitchen, so it is good to be prepared in case of emergency. Oven fires are frightening, but are usually easily contained and can often be easily prevented.

Why It Happens

Your oven can catch fire for a few reasons:

☞ If you are cooking something with a lot of fat and grease, it can splatter and cause a flame.

☞ If you are baking, the batter could overflow, drip to the bottom and start a small fire.

☞ Sometimes food scraps or other items might be left in your oven, and they could catch fire.

☞ Forgetting something in the oven can also lead to burned food, lots of smoke and in some instances, a fire.

☞ Some people have even reported

their ovens catching fire when they had the self-cleaning feature on.

What To Do

☞ Leave the oven door closed!

☞ Turn off the oven and allow the fire to burn out on its own.

☞ If it does not go out on its own, leave the house and call 911.

☞ If it does go out, then open your windows.

☞ Carefully open the oven door (it will be smoky!) and remove the hot pan.

☞ Allow the smoke to clear before determining the cause of the fire and possibly resuming cooking.

Although Step 1 May seem counter-intuitive, opening the door will only cause the fire to expand. By keeping the door closed and turning off the heat, you are starving the fire, since

it can't burn without oxygen. Only when you are sure the fire is out should you open the oven door and proceed.

How To Prevent It

☞ Do not leave cooking food unattended.

☞ Make sure your oven is clean before use.

☞ When making cakes and pastries, put a slightly larger baking tray underneath your baking pan or cupcake tin.

☞ Put a cover on food that might splatter. If you are roasting a duck and want a crispy skin, remove it from the oven every half-hour or so and carefully drain some of the hot grease.

☞ Get your oven checked out by a professional to make sure it is working properly.

COMMUNITY RESOURCES

GOOD FOOD OTTAWA

Visit GoodFoodOttawa.ca for food-related resources available for Ottawa residents who may be having a difficult time affording groceries.

People who do not have access to the internet can call the Community Information Centre at 2-1-1- for referrals on how to access food.

A FRIENDLY VOICE FOR SENIORS

If you're a senior and feeling lonely and isolated you can call A Friendly Voice, from 8:00am – 12:00am:
Phone: (613) 692-9992

RECIPE OF THE MONTH

Traditional Bannock

6 cups flour
6 tbsp baking powder
3 1/2 cups milk, (warmed)
1/4 cup vegetable oil

In a large bowl mix together flour & baking powder. Warm the milk with vegetable oil and add to the flour mix.

Stir until dough comes together in a ball; do not over-mix, shape into oval.

Place on a baking sheet or in a greased casserole dish. Bake at 400°F or until golden brown for 30 minutes.

JOKE CORNER

(Q) What do prisoners used to call each other?

(A) Cell phones

(Q) What word is always pronounced wrong?

(A) Wrong

Just did my own taxes. So I should be in jail by Friday.

I told my wife I wanted to be cremated. She made me an appointment for Tuesday.

I went line dancing last night. Well, it was a roadside sobriety test... same thing.