

MADAWAN MASENYGUN



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COPING WITH EXTREME HEAT AT HOME DURING A POWER OUTAGE

Keep Your Home Cool

- } Close all blinds and drapes on the sunny side of your home, but keep windows slightly open.
- } Install temporary windows reflectors between windows and drapes, such as aluminum foil covered cardboard. This will help reflect heat back outside.

Keep Yourself Cool

- } Stay out of the sun and spend more time on the lowest floor of your home where it is cooler. Spend at least two hours a day in a cool environment to cool your body during extreme heat.
- } Drink plenty of fluids especially water. Avoid alcohol and caffeine. Eat small light meals.
- } Take frequent cool

showers or baths.

- } If you cannot shower or bath easily, sponge often with cool wet towels. Focus on cooling the back of the neck, under the arms and groin area. Soak feet and hands in a basin of cool water.
- } Dress in light and loose fitting clothing.
- } Avoid unnecessary strenuous work or activity outside, especially between 10 and 4 pm. If work must be done, take frequent water breaks in the shade.
- } Talk with your doctor, nurse or pharmacist if you are taking medications or if you are feeling unwell. Some medications make it harder for your body to control its temperature. Make sure to consult with your doctor if you are on a re-

stricted fluid intake.

- } Listen to the radio or call 3-1-1 for directives about cooling stations and emergency reception centres.

Stay Connected And Help Others

- } Keep in contact with friends and family to let them know how you are feeling. Ask for help if the hot weather is making you feel uncomfortable.
- } Check on family, friends and neighbours who may need help coping with the heat, especially those who live alone. People with physical and mental disabilities will need assistance keeping cool.
- } Never leave people or pets in a parked car, even with the windows open. The temperature will rise dangerously in only a few minutes.

GENERAL HINTS & TIPS:

- } If you have weeds growing in the cracks of your patio, deck, or driveway. Kill them by spraying them with a solution of 1/4 cup of salt added to 1 gallon of water.
- } To keep weeds from returning to the cracks of your patio, deck, or driveway keep salt in the cracks.



LANDLORD AND MEDICAL MARIJUANA-USING TENANT SHOULD WORK TO MINIMIZE NEIGHBOUR'S DISCOMFORT

QUESTION

I read the March 4 Rental Guide regarding weed-smoking neighbours, and found it surprising. I also don't like the smell of marijuana smoke that comes into my apartment from the unit next door. I asked the landlord to make that tenant stop, and he tells me he cannot prevent that tenant from smoking marijuana because he has the right to use medical marijuana. Whatever he is smoking smells the same to me as any other marijuana I have ever smelled. Do I have any rights in this situation?

ANSWER

The Ontario Human Rights Code (the "Code") trumps almost all other legislation other than the Charter of Rights. (Since the Charter is mainly concerned with the actions of governments, it does not generally apply to the relationship between a landlord and a tenant). The Code trumps the Residential Tenancies Act, the trumps laws or rules banning smoking.

The Code applies to governments, businesses, landlords and the volunteer sector. The Code makes it unlawful to discriminate on the basis of disability. The case law requires business people and landlords to accommodate people who are disabled.

Marijuana is used to treat Post Traumatic Stress Disorder (PTSD), some forms of epilepsy, nausea due chemotherapy and some other medical conditions. A medical condition that is treated with marijuana users is a disability, and so landlords have to accommodate medical marijuana users. That means they and other tenants have to put up with more interference from a medical marijuana user than they do from a recreational marijuana user.

That does not mean that the medical marijuana user has completely free rein and you have no rights. The landlord and medical marijuana user should be trying to achieve a situation where the medical user gets the marijuana they need with the least possible interference for you.

That may mean the medical user should take some or all of their marijuana through edibles or vaporizing it rather than smoking it. However, some people claim that smoking the marijuana provides the greatest degree of symptom relief.

Even if smoking is necessary, then like the recreational user, the medical user should smoke in a

way that interferes the least with the other tenants. That may mean smoking outside or on a balcony or with the window open to draw out the smoke, or smoking only in one area of their apartment (away from the most sensitive tenants).

A more difficult problem arises if the neighbouring tenant has asthma or a medical condition that makes them sensitive to smoke or any kind. Then two tenants both have a disability, and the landlord needs to accommodate both. That may mean making it easy for one to move away from the other, for example by moving to another apartment in the same building, or by ending a lease early to move out of the building.

The people dealing with the situation have to do their best to work things out so that everyone with a disability gets what they need, with the least disturbance to other non-disabled people. Unfortunately that may result in disturbances to other non-disabled people.

**SOURCE: BY DICKIE & LYMAN LLP
WHO PRACTICE LANDLORD/
TENANT LAW AND OTHER AREAS
OF LAW**

HELPFUL HINTS & TIPS

ANT DETERRANT: If you have a problem with ants coming in your door take a piece of white chalk and draw a line. The ants will not cross the line!

BUG RERPELLANTS: Flies hate the smell of basil. Grow this herb around doors or in pots around doors to repel them.

SOAP SCUM: Use your used

dryer sheets to wipe soap scum off your shower doors.

GLASS OR WINDOW CLEANER: Mix 2 parts white vinegar to 1 part water to clean windows.

HELP PREVENT FIRES AROUND THE HOME

Some safety tips when grilling outside to prevent a fire. Grill in an area where grass and vegetation is manicured and not "bushy."

} Be sure the grill is in a well-ventilated area and not indoors, under an awning or patio cover or inside a garage.

} If using lighter fluid, use it sparingly and never on a fire that has already started to burn, and never use gasoline. The use of a chimney starter is recommended for both safety and taste.

} Don't use ordinary kitchen utensils for the barbecue. The longer handles on outdoor equipment help keep hands safely away from the grill.

} If planning to burn outdoors, contact the local fire department for any regulations.

Grilling Safety

Every year people are injured while using charcoal or gas grills. To prevent a fire, grill in an area where grass and vegetation is manicured and not "bushy." Here are several steps to safely cook up treats for the backyard barbecue.

} Always supervise a barbecue grill when in use.

} Never grill indoors, not in a house, camper, tent, or any enclosed area.

} Make sure everyone, including pets, stays away from the grill.

} Keep the grill out in the open, away from the house, the deck, tree branches, or anything that could catch fire.

} Use the long-handled tools es-

pecially made for cooking on the grill to keep the chef safe.

Fireworks Safety

The best way to enjoy fireworks is to attend a public fireworks show put on by professionals. Here are five safety steps for people setting fireworks off at home:

} Never give fireworks to small children, and always follow instructions on the packaging.

} Keep a supply of water close by as a precaution.

} Make sure the person lighting fireworks always wears eye protection.

} Light only one firework at a time and never attempt to relight "a dud".

} Never throw or point a firework toward people, animals, vehicles, structures or flammable materials.

SIGNS OF AN ELECTRICAL PROBLEM

From smoke and burning odors to shocks and flickering lights, when there's a problem in your home, there are signs.

Flickering Lights: If the lights dim every time you turn on an appliance it means that the circuit is overloaded or has a loose connection.

Sparks: If sparks appear when you insert or remove a plug, it could be a sign of loose connections.

Warm Electrical Cord: If an electrical cord is warm to the touch, the

cord is underrated or defective.

Frequent Blown Fuses or Broken Circuits: A fuse that continues to blow or circuit breaker that keeps tripping is an important warning sign of problems.

Frequent Bulb Burnout: A light bulb that burns out frequently is a sign that the bulb is too high in wattage for the fixture.

The Dangers of Extension Cords

Extension cords are a common

cause of electrical fires. That is why you must be careful to use only extension cords that are rated for the power used by the device they are powering.

Extension cords must never be run inside walls or under rugs or furniture. They can be damaged by traffic or heavy furniture and start arcing, which can lead to a fire.

Extension cords can get warm during use and must be able to dissipate this heat or they can start a fire.

Automobile Fragrance: Put a sheet of fabric softener underneath each seat in the car to make it smell nice.

RECIPE OF THE MONTH

Summer Corn Salad

Ingredients

6 ears corn, husked and cleaned
3 large tomatoes, diced
1 large onion, diced
1¼ cup chopped fresh basil
1¼ cup olive oil
2 tbsp white vinegar
salt and pepper to taste

Directions

Bring a large pot of lightly salted water to a boil. Cook corn in boiling water for 7 to 10 minutes, or until desired tenderness. Drain, cool and cut kernels off the cob with a sharp knife.

In a large bowl, toss together the corn, tomatoes, onion, basil, oil, vinegar, salt and pepper. Chill until serving.

BUTT OUT - SMOKING FIRES

Smoking is the #1 cause of fatal home fires.

How Do I Prevent A Smoking Fire?

} Encourage smokers to smoke outside.

} Do not extinguish cigarettes in plant pots, which may contain a mixture of peat moss, shredded wood and bark that can easily ignite.

} Never smoke in bed.

} Use large, deep ashtrays that cannot be knocked over.

} Empty ashes into a metal container - not the garbage can - and put it outside.

If people have been smoking in your home, check behind chair and sofa cushions for cigarette

butts before going to bed.

What's The Risk?

} Smoking fires account for 8% of all home fires.

} One in 10 smoking fires results in an injury or death.

} One in 4 home fire fatalities are caused by smoking.

} 65% of smoking fires are caused by "improper discarding" of smoking materials.

} The average dollar loss per smoking fire is \$37,000.

A Dangerous Mix:

Alcohol is a factor in many smoking-related fires

Install smoke alarms on every storey of your home and outside all sleeping areas.

COOKING IS THE #1 CAUSE OF HOME FIRES

How Do I Prevent A Cooking Fire?

} Always stay in the kitchen while cooking. If you must leave, turn off the stove.

} Keep anything that burns - cooking utensils, dishcloths, paper towels and pot holders - a safe distance from the stove.

} loose-fitting clothes can come into contact with stove burners and catch fire. Wear tight sleeves or roll them up when cooking.

What The Risk?

} Cooking fires account for 22% of all home fires.

Cooking left unattended is the cause of 52% of all cooking fires.

} Stovetop fires account for 71% of all cooking fires.

} The average dollar loss per cooking fire is over \$27,000.

FIRE INJURIES & DEATH

} 32% of all home fires injuries occur in cooking fires.

} 14% of all cooking fires result in an injury or death.

} 11% of all home fire fatalities are caused by cooking.

COOKING IS THE #2 CAUSE OF FATAL FIRES IN THE HOME

REMINDER TO TENANTS

When paying your monthly rent by cheque or money order, please make payable to:

MADAWAN MANAGEMENT & DEVELOPMENT INC., (MMDI)

Thank You

Don't let a bad day stop you from reaching your goal.

X HomeFitness.ca